



Fabulous

IN-FLIGHT CATERING

In Flight Menus

SERVING ALL NEW YORK & NEW JERSEY AIRPORTS

WWW.FAB-FOODS.COM/MENUS



Fabulous

Your wish is our command!

Fabulous Culinary • Special Diets • Gluten Free & Vegan • Kosher Meals
Restaurant & Fast Food Delivery • Floral Arrangements • China, Glassware
& Flatware • Linen Services • Laundry Services • Gift Baskets • Personal
Shopping • Printed Menu Cards • Dry Ice • Fabulous Culinary • Special Diets
Gluten Free & Vegan • Kosher Meals • Restaurant & Fast Food Delivery • Floral
Arrangements • China, Glassware & Flatware • Linen Services • Laundry Services
Gift Baskets • Personal Shopping • Printed Menu Cards • Dry Ice • Fabulous
Culinary • Special Diets • Gluten Free & Vegan • Kosher Meals • Restaurant &
Fast Food Delivery • Floral Arrangements • China, Glassware & Flatware • Linen
Services • Laundry Services • Gift Baskets • Personal Shopping • Printed
Menu Cards • Dry Ice • Fabulous Culinary • Special Diets • Gluten Free &
Vegan • Kosher Meals • Restaurant & Fast Food Delivery • Floral Arrangements
China, Glassware & Flatware • Linen Services • Laundry Services • Gift Baskets
Personal Shopping • Printed Menu Cards • Dry Ice • Fabulous Culinary • Special
Diets • Gluten Free & Vegan • Kosher Meals • Restaurant & Fast Food Delivery
Floral Arrangements • China, Glassware & Flatware • Linen Services • Laundry
Services • Gift Baskets • Personal Shopping • Printed Menu Cards • Dry
Ice • Fabulous Culinary • Special Diets • Gluten Free & Vegan • Kosher Meals
Restaurant & Fast Food Delivery • Floral Arrangements • China, Glassware &



PLANNING & DESIGNING IN-FLIGHT CULINARY

Our team is available for all your trip planning. We will assist you with designing menus, securing special requests, liquor needs, laundry services & whatever you need to provide excellent service to your guests. Our business is hospitality, a service industry and we are a passionate resource available to you!

ENTERTAINING

Culinary adventures, our chefs will travel with you if fine dining is a priority! Just let us know in advance and we can schedule trendy modern cuisine & staff. Fabulous fine dining in the air!

COMMITMENT

The Fabulous Team will assist you with every detail you ask us to manage. We will work hard and execute your order with precision. We will provide you with first class service!

MISSION

Provide our clients the best service and options for their individual needs. Provide Fabulous Catering to enhance our clients in-flight experience. Execute with style and make sure our clients are very satisfied with our services. Create loyalty and give our clients an effort that will exceed their expectations! Be on time!

The Fabulous Team



BREAKFAST

CONTINENTAL

DANISH, MUFFINS, CROISSANTS & BAGELS

FRESH FRUIT, CREAM CHEESE, BUTTER & MARMALADE

CONTINENTAL DELUXE

DANISH, MUFFINS, CROISSANTS, SCONES & BAGELS

FRUIT CUPS, YOGURT PARFAITS & FRITTATA MUFFINS

CREAM CHEESE, BUTTER & MARMALADE

EGG BREAKFAST

SCRAMBLED EGGS, BACON & HOME FRIES

ASSORTED BAGELS, FRESH FRUIT SALAD, CREAM

CHEESE, BUTTER & MARMALADE

HOT BREAKFAST

BUTTERMILK PANCAKES, BRIOCHE FRENCH TOAST

OR BELGIAN WAFFLES

VERMONT MAPLE SYRUP

HOT BREAKFAST DELUXE

SCRAMBLED EGGS, BACON, FRENCH TOAST & HOME FRIES

DANISH, MUFFINS, CROISSANTS, SCONES & BAGELS

FRESH FRUIT, CREAM CHEESE, BUTTER & MARMALADE

SOMETHING DIFFERENT

BREAKFAST EGG PANINI OR TORTILLA EGG WRAPS

HOME FRIES & FRESH FRUIT SALAD

CITY BREAKFAST

SMOKED SALMON, BAGELS, TOMATO, RED ONION,

CAPERS & CREAM CHEESE

CAPRESE FRITTATA, FRUIT & BLUEBERRY YOGURT PARFAITS

SOMETHING HEALTHY

OATMEAL & TOPPINGS, EGG WHITE FRITTATA MUFFINS

BRAN MUFFINS, YOGURT BERRY PARFAITS, ALMOND

BUTTER & SUGARLESS MARMALADE

FRESH PRESSED JUICE (MANGO GINGER, KALE

AVOCADO MATCHA OR BERRY COCONUT)

OMELET

OMELET (CHOICE OF FILLINGS), HOME FRIES & BAGEL

EGG WHITE AVAILABLE UPON REQUEST

Fabulous Foods will prepare any
breakfast and any recipe you request!



Box'd Meals

BREAKFAST

BASIC | BAKERIES, FRUIT & JUICE

DELUXE | EGG FRITTATA, CROISSANT, FRESH FRUIT, JAM & JUICE

LUNCH

BASIC | CLASSIC SANDWICH, PASTA SALAD, FRUIT, COOKIES & BEVERAGE

DESIGNER | SPECIALTY SANDWICH, COUSCOUS SALAD, FRUIT, BROWNIES & BEVERAGE

SALAD | GRILLED CHICKEN OR FISH, ORGANIC GREENS, FRUIT, CAKE & BEVERAGE

DINNER

CHARCUTERIE | GRILLED SALMON, PESTO CHICKEN OR SLICED STEAK,
ORZO PRIMAVERA, SALAD, DESSERT & BEVERAGE

SNACK

CHEESE, CRACKERS, CRANBERRY OAT BAR & FRESH FRUIT

BEVERAGES

SOFT DRINKS (REGULAR AND DIET), SPARKLING & SPRING WATERS, COFFEE (REGULAR & DECAF)
HERBAL TEA, FRESH PRESSED JUICES (SEASONAL FLAVORS), MILKS (SKIM, REGULAR & CHOCOLATE)
FLAVORED & LEMON ICED TEA, FRESH BREWED ICED TEA, SEASONAL INFUSED CITRUS WATER,
LIQUOR SERVICE (SELECTION OF WINE, BEET, CHAMPAGNE & SPIRITS)

HORS D'OEUVRES

COLD

SMOKED SALMON

DILL CREME FRAICHE, CAPERS,
BLACK BREAD & CAVIAR

SEARED TUNA

AVOCADO, MANGO, WASABI MICRO GREENS
& WONTON CHIPS

JUMBO SHRIMP COCKTAIL

HORSERADISH & COCKTAIL SAUCE
LEMONS & GARNISH

ROAST TENDERLOIN OF BEEF

MICRO ARUGULA, HORSERADISH AIOLI
& BRIOCHE

ARTISAN CHEESE PLATTER

CHEESES, FRUITS, CRACKERS & GARNISH

LOBSTER SLIDERS

MACHE AND AVOCADO ON BRIOCHE
BUTTER BUNS

CRUDITE OF FRESH VEGETABLES

CROSTINI & HOMEMADE DIP

CHIPS & DIPS

POTATO, TORTILLA, PITA WITH SALSA,
GUACAMOLE, HUMMUS & SOUR CREAM

BELLA ANTIPASTO

MEATS, CHEESES, MARINATED VEGETABLES
PESTO & FOCACCIA

TAPAS

CHICKEN SATE, SALMON TARTS, FETA
BRUSCHETTA, OLIVES & CROUTONS

BUFFALO MOZZARELLA

SUN-DRIED TOMATO, ROASTED PEPPERS,
ARUGULA, OLIVE OIL & SEMOLINA

TORTA & LOLLIPOPS

MASCARPONE, CRANBERRY WALNUT TORTA
& PISTACHIO MASCARPONE LOLLIPOPS

WARM

KOBE BEEF SLIDERS

CHOICE OF CHEESE & TOPPINGS ON BRIOCHE

KOBE BEEF HOT DOG SLIDERS

TARRAGON AND GRAPE MUSTARDS
ON BRIOCHE

DUMPLINGS, SHUMAI & WONTONS

GINGER SCALLION DIPPING SAUCE

CRAB CAKES

LEMON BASIL DIP & REMOULADE SAUCE

LAMB CHOPS

FRENCH CUT ROSEMARY DIJON CRUST

SWEET SAUSAGE

POLENTA, BROCCOLI RABE & ROASTED PEPPER

REUBEN

CORN BEEF, SWISS KRAUT & RUSSIAN
DRESSING ON MARBLE BREAD

LOBSTER, MAC & CHEESE

THREE CHEESE & LOBSTER BAKED TARTS

BEEF, CHICKEN & SHRIMP SKEWERS

VARIETY OF DIPPING SAUCES

BEEF EMPANADA

SALSA VERDE, SOUR CREAM, GUACAMOLE
& SALSA

FRITATTA

SALMON, CAPERS, CHIVES & RED ONION

SALADS & PLATTERS

TRI COLOR

SHAVED REGGIANO & BALSAMIC

FIELD GREENS

CRANBERRY, WALNUT, GRAPE TOMATO,
GORGONZOLA & RASPBERRY DRESSING

SPINACH

EGG, CROUTONS, RED ONION, TOMATO
& DIJON DRESSING

FRESH MOZZARELLA

BASIL, TOMATO, KALAMATA OLIVE, ARUGULA & OLIVE OIL

VEGETABLES

PESTO GRILLED VEGETABLE SALAD

GOAT CHEESE & FRISEE

TOASTED ALMONDS & CHAMPAGNE DRESSING

AVOCADO

TOMATO, SHRIMP, CILANTRO, MANGO & MICRO GREENS

FINGER SANDWICHES

SMOKED SALMON, CHICKEN SALAD, AHI TUNA
SMOKED TURKEY & DILL HAVARTI & BAKED HAM
AND GRUYERE

BOX LUNCH

SPECIALTY SANDWICH, PASTA SALAD, FRUIT & SWEETS

FRESH FRUITS

SEASONAL SLICED FRESH FRUITS & BERRIES

CEVICHE

SHRIMP, SCALLOP & CALAMARI

SUSHI

SHRIMP, TUNA, SALMON & MAKI ROLL ASSORTMENT



ENTREES



SALMON

GRILLED, LEMON WHITE WINE SAUCE,
COUSCOUS & VEGETABLES

SEARED TUNA

WASABI SAUCE, WHITE RICE & WOK VEGETABLES

CHILEAN SEA BASS

MISO SAUCE, WILTED SPINACH & BARLEY PILAF

SHRIMP SCAMPI

RIBBON PASTA, GARLIC OLIVE OIL SAUCE
& FOCACCIA

LOBSTER RAVIOLI

PINK CRUSHED PLUM TOMATO & GRANA PADONA

LOBSTER & SCALLOPS

ROASTED GARLIC BUTTER, YELLOW RICE PILAF
& ASPARAGUS

FILET MIGNON

PINOT NOIR SAUCE, FINGER POTATOES
& VEGETABLES

BRAISED SHORT RIBS

RED WINE THYME SAUCE, MASHED POLENTA,
VEGETABLES & DEMI GLAZE

CHICKEN BREAST

FRANCAISE, RICE PILAF & VEGETABLES

CHICKEN PARMESAN

PASTA MARINARA & GARLIC BREAD

ROAST CHICKEN

LEMON & HERBS, ROSEMARY POTATOES
& VEGETABLES

PRESENTATION ON UPSCALE DISPOSABLE PLATTERS.
HOT FOOD SELECTIONS IN MICROWAVABLE TRAYS
OR FOIL OVEN TRAYS.

PLEASE LET US KNOW HOW YOU WOULD LIKE YOUR
CATERING PACKAGE.

SWEETS

MACAROONS

SEASONAL VARIETY

CANNOLI

HOMEMADE CANNOLI CREAM & CHOCOLATE CHIPS

COOKIES

BAKED ASSORTED COOKIES

BROWNIE

MOCHA BROWNIE DIPPED IN DARK CHOCOLATE

TART ASSORTMENT

VARIETY OF SEASONAL TARTS

BREAD PUDDING

BRIOCHE BREAD PUDDING WITH VANILLA SAUCE

FRUIT COBBLER

SEASONAL FRUIT COBBLER

CHEESECAKE

FRESHED WHIPPED CREAM & BERRIES

RED VELVET CUPCAKES

CREAM CHEESE ICING

CHOCOLATE CAKE

RICH DARK CHOCOLATE CAKE, FRESH WHIPPED CREAM & BERRIES

MELON

COCONUT RASPBERRY HONEY

DESSERT SHOTS

TIRAMISU, RASPBERRY CREME BRULEE & DARK CHOCOLATE MOUSSE

VANILLA ZABAGLIONE CAKE

ESPRESSO CREME & FRESH BERRIES

CHOCOLATE POTS DE CREME

FRESH WHIPPED ORANGE CREME & RASPBERRIES





Serving all New York & New Jersey Airports

WWW.FAB-FOODS.COM

Contact Us: 1-800-365-4747 | NJ: 201-896-8800 | NY: 212-239-6700
info@fab-foods.com