Fabulous

EVENTS • PLANNING • DESIGN • CATERING

FALL SEASONAL BUSINESS MENU

Basic Breakfast

Breakfast Bakeries ~ Danish, Muffins & Bagels
Cream Cheese, Butter & Jam
Box of Coffee & Orange Juice

Deluxe Breakfast

Breakfast Bakeries ~ Bagels, Danish, Croissants & Scones
Cream Cheese, Butter & Marmalade
Frittata Breakfast Muffins or Breakfast Quiche Tarts
Raisin Scones ~ Cinnamon Crème Fraiche
Fresh Fruit Salad Cups
Greek Yogurt, Granola, Blueberry Parfaits
Box of Coffee & Orange Juice

Hot Breakfast

Selection of Breakfast Bakeries
Cream Cheese, Butter & Jam
Eggs ~ Scrambled with Home Fries & Bacon
French Toast ~ Fruit Syrup & Whipped Butter
Box of Coffee & Orange Juice

Seasonal Menu Enhancers

Butter Croissants & Chocolate Au Lait
Danish (Cheese, Raspberry, Blueberry & Apricot)
Scones (Buttermilk Poppyseed, Cranberry Walnut & Mixed Berries)
Muffins (Bran, Blueberry, Banana Walnut, Red Velvet & Chocolate)
Bagels (Plain, Wheat, Everything, Poppy, Sesameseed, Cinnamon & Assorted)
Seasonal Fresh Fruits (Salad Bowl, Cups or Sliced)
Greek Yogurt, Granola, Honey & Berries (Parfaits or Bowl)
Frittata ~ Eggs, Cheddar & Monterey Jack
Frittata ~ Eggs, Sausage, Mozzarella & Arugula
Frittata ~ Egg Whites, Garden Vegetables & Gruyere Cheese
Quiche ~ Spinach, Mushroom & Swiss
Acai Bowl ~ Blueberries, Granola, Honey, Almonds & Coconut
Oatmeal ~ Creamy Oatmeal, Fruits, Nuts & Toppings
Eggs ~ Seasonal Baked with Chef Potato & Country Sausage
Tortilla ~ Eggs, Bacon & Cheddar
Spicy Tortilla ~ Eggs, Chorizo, Monterey Jack, Salsa & Hot Peppers
Pancakes ~ Buttermilk, Whipped Butter & Maple Syrup

Beverages

Coffee Box Service (Regular, Decaffeinated & Tea)
Coffee Urn Service (Regular, Decaffeinated & Tea)
Orange Juice (Individual, Pitcher & Beverage Dispenser)
Seasonal Juices (Individual, Pitcher & Beverage Dispenser)
Citrus Water (Pitcher & Beverage Dispenser)
Bottled Water

Lunch Box

Basic ~ Classic Sandwich, Pasta Salad, Fresh Fruit, Cookies & Beverage

Designer ~ Specialty Sandwich, House Salad, Fresh Fruit, Dessert & Beverage

Basic Buffet

Salads ~ Pasta Primavera
Sandwiches ~ Turkey, Roast Beef, Tuna Salad, Ham & Swiss
Desserts ~ Cookies
Beverages ~ Soft Drinks & Bottled Water

Deluxe Buffet

Salads ~ Choice Of Two Seasonal Selections

Sandwiches ~ Choice Four Seasonal Selections

Desserts ~ Cookies, Brownies & Sweets

Beverages ~ Soft Drinks & Bottled Water

Charcuterie Buffet

Salads ~ Choice of Two Seasonal Selections
Artisan Breads, Rolls & Butter
Entrees
Grilled Herb Chicken Breast, Peppercorn Flank Steak & Dill Salmon
Seasonal Garnish & Sauces

Sides ~ Grilled Vegetables & Roasted Potatoes

Desserts ~ Cookies and Brownies

Beverages ~ Soft Drinks and Bottled Water

Hot Buffet

Salads ~ Choice Of Two Seasonal Selections

Entrees ~ Choice Of Two Seasonal Selections

Sides ~ Choice Of One Seasonal Selection

Desserts ~ Cookies, Brownies & Sweets

Beverages ~ Soft Drinks & Bottled Water

Hot & Cold Buffet

Salads ~ Choice Of Two Seasonal Selections

Sandwiches ~ Choice Of Two Seasonal Selections

Entrees ~ Choice Of Two Seasonal Selections

Desserts ~ Cookies, Brownies & Sweets

Beverages ~ Soft Drinks & Bottled Water

*Seasonal Selections on Page 3 & 4

Seasonal Salads

Roasted Fall Vegetables & Kale Salad ~ Butternut Squash, Wild Rice, Dried Cranberries, Pomegranate Seeds, Lemon Feta Herb Dressing

Toasted Tabbelouh ~ Spinach, Cranberry, Sun-Dried Tomato, Artichokes, Poached Pears & Pomegranate Dressing

Fall Brussel Sprouts & Quinoa ~ Butternut Squash, Pecans & Citrus Balsamic Viniagrette

Farro Salad ~ Arugula, Tomatoes, Roasted Artichokes, Chickpeas & Lemon Herb Dressing

Red Quinoa Salad ~ Toasted Pine Nuts, Roasted Eggplant, Dried Cranberries, Roasted Heirloom Carrots, Basil & Herb Dressing

Pasta Salad ~ Garden Vegetables, Herbs & Arugula Dressing

Citrus Fennel Salad ~ Arugula, Orange, Tomatoes, Toasted Pine Nuts, Parmesan Cheese & Herb Vinaigrette Dressing

Organic Greens ~ Cucumber, Tomato, Watermelon Radish, Carrots & Balsamic Dressing

Seasonal Sandwiches

Roasted Turkey ~ Parmesan, Romaine, Tomato & Dijon Aioli on Toasted Garlic Brioche

Grilled Chicken ~ Romaine Lettuce, Roasted Red Pepper & Honey Mustard on French Bread

Tuna Salad ~ Housemade Aioli, Arugula, Tomatoes & Swiss Cheese on Olive Bread

Chicken Francese ~ Broccoli Rabe, Mozzarella, Roasted Peppers & Sun-Dried Tomato Pesto

Muffuletta Sub ~ Salami, Cappocola, Mortadella, Provolone, Roasted Peppers, Hot Peppers & Caper Olive Tapenade on Semolina

BBQ Chicken Wrap ~ Chipotle Aioli, Shredded Lettuce, Tomatoes & Cheddar Cheese

Pastrami ~ Sautéed Onions, Gruyere, & Grain Mustard on Pretzel Roll

Cuban ~ Roast Pork, Ham, Swiss, Pickles & Mustard Mayo Aioli on Ciabatta

Smoked Turkey ~ Dill Havarti, Arugula, Tomatoes & Cranberry Orange Aioli

Vegetarian Wrap ~ Roasted Corn, Red Quinoa, Black Bean, Shredded Lettuce, Sour Cream & Guacamole

Prosciutto & Turkey Press ~ Brie, Fig Jam, Arugula & Balsamic Dressing on Ciabatta Panni Bacon Cheddar

Chicken Wrap ~ Ranch, Crispy Bacon, Shredded Chicken, Romaine & Cheddar Grilled

Chicken Gyros ~ Grilled Chicken, Lettuce, Tomatoes, Sliced Cucumbers, Toasted Pita & Tzatziki Sauce

Seasonal Entree Selections

Roasted Peppered Sirloin ~ Sautéed Mushrooms, Onions & Demi Au Jus

Herb Oven Slow Roasted Turkey Breast ~ Pan Gravy

Rosemary Tuscan Chicken ~ Garlic, Sage, Potatoes, Artichokes & Sherry Demi

Cedar Plank Honey & Juniper Berry Salmon ~ Apple Cider Brussel Sprouts

Mezzi Rigatoni ~ Vegetarian Meatless Bolognaise & Grated Parmesan

Cheese Spinach Hand Rolled Manicotti ~ Butternut Squash, Mascarpone, Ricotta & Tomato Sauce

Potato Crusted Cod ~ Parsnip, Sweet Potato Puree & Herb Beurre Blanc

Seasonal Sides

White & Wild Rice Cranberry Pilaf

Spinach Mushroom Couscous

Roasted Seasonal Vegetable Medley

Brussel Sprouts ~ Apple Cider & Onions

Potato Au Gratin

Anna Potatoes

Cauliflower Risotto

Additional Selections Available www.fab-foods.com/menus

Desserts

Cookies
Chocolate Chip, Dark Chocolate Chunk, Oatmeal Cranberry Raisin

Macaroons

Chocolate Dipped Palmiers

Caramel Mocha Brownies

White Chocolate Dipped Cream Puffs

Dark Chocolate Ganache Tarts

Pecan Tarts

Apple Crumb Tart

Red Velvet Cake Pops

Additional Information

Ordering Procedures

Minimum 48 Hour Notice
Last Minute Orders Accommodated Based on Availability
Large Orders & Events Confirmed Two Weeks in Advance
**Please Inquire For Last Minute Availability*
Placing Orders Please Call 800-365-4747 or place Order On-Line at www.fab-foods.com/

Optional Enhancers

Supplies

Basic Disposable Paper Products (Included in All Buffets)
Upscale Executive Plastic Disposable
Bamboo Eco-Friendly Disposable

Rentals

Enhanced Display (Buffet Tables, Serving Platters, Chaffers, Coffee Urns & Serving Utensils)
China, Flatware, Coffee Cups & Saucers
Linen Table Cloths, Guest Tables & Chairs

Floral & Décor

Available for Special Meetings

Serving New York & New Jersey

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